## Glow Wild menu

## Stables Kitchen

Pre-bookable, family-friendly dining

## Price

Adults: 2 courses $£ 29$ including coffee and petit fours Children: 2 courses $£ 14.50$ including hot chocolate

Recipes may change unexpectedly due to supplier issues or product specifications. An allergy list will be available on the day of your event. Our food is prepared in an environment with possible nut traces.

The children's menu is recommended for age 2-12. No reservation is required for children under 2 who aren't eating. Highchairs will be provided, and you can bring your own food for the younger members of your group.

## Starters

Curried parsnip soup with a drizzle of coconut yoghurt and naan chips (VE) (GFO)
Sussex Downs ham hock terrine with piccalilli and toast
Sticky chicken wings with zingy cranberry hot sauce
Wensleydale rarebit with pickled carrot ribbons \& caraway (VE) (GFO)

## Main course

Big W burger -8oz Sussex farm burger in a sesame bun, Harlech cheese, smoked streaky local bacon and sprout top kimchi

Corn fed chicken supreme, served on a bed of puy lentil risotto, toasted heritage carrots
Sussex farm beef bourguignon with creamy mash and crispy bacon
Hasselback squash with quinoa, crumbled vegan goat's cheese and tarragon pesto (GFO) (VE)


## Children's menu

Recommended for age 2-12

## Starters

Proper cheesy mozzarella garlic flatbread
Curried parsnip soup (VE) (GFO)
Sussex Downs ham hock terrine with piccalilli and toast
Sticky chicken wings with zingy cranberry hot sauce
Wensleydale rarebit with pickled carrot ribbons and caraway (VE) (GFO)

## Main course

Chicken goujons, chips and peas
Vegetarian goujons, chips and peas
Big W burger - 8oz Sussex Farm burger in a sesame bun, Harlech cheese, smoked streaky local bacon and sprout top kimchi

Corn fed chicken supreme on a bed of Puy lentil risotto and toasted heritage carrots
Sussex farm beef bourguignon with creamy mash and crispy bacon
Hasselback squash with quinoa, crumbled vegan goat's cheese and tarragon pesto (GFO) (VE)

