Family Kitchen & Shop

Salad bar

Adult salad | £8.20 - Childs Salad | £5.00

Asian Slaw | kcal 140 per serving

Mixed Bean | kcal 214 per serving.

Mixed Leaf | kcal 44 per serving

Panzanella | kcal 107 per serving

Tabbouleh | *kcal 155 per serving*

Pizza Bar

Kew inspired – Gardener's pizza PP	£15.10
Roasted Artichoke Heat, Sundried Tomatoes, Crispy Kale	
& Red Onion kcal 1087	
The Catalan PP	£15.10
Plant Based Chorizo, Olives, Capers & Chilli Kcal 1069	
Margherita PP Kcal 964	£13.75
Mozzarella, Squash & Tomatoes PP kcal 958	£13.75
Fungi PP Kcal 957	£13.75
Margherita PP Kcal 964	£12.10
Fungi PP Kcal 972	£13.75
Pepperoni Kcal 1310	£14.85

Jacket Potatoes

Jacket Potato with 1 Filling (GF)	£7.50	
kcal per serving 325.44		
Jacket Potato with 2 Filling	£9.50	

kcal per serving 325.44

Jacket Potato Filling Options

Baked Beans kcal per serving 246	GF
Grated Cheese kcal per serving 207	GF
Ratatouille kcal per serving 66	GF
Chilli con Carne kcal per serving 84	GF
Tuna Mayo kcal per serving 324	GF

Hot Food

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		Child	Adult
Vegetarian Sausage and Mas	h	£6.50	£12.50
kcal per serving 325			
Sausage and Mash		£6.50	£12.50
kcal per serving 325			
Pasta Bake		£6.50	£12.50
kcal per serving 325			
Fish Fingers		£6.50	
kcal per serving 325			
	Sides	<u>5</u>	

Cheesy Garlic Bread kcal per serving 178	
Pea's kcal per serving 652	PP/GF
Chips kcal per serving 572	PP/GF
Gravy kcal per serving 57	PP/GF

Mashed potatoes kcal per serving 178 GF

<u>Deli Bar</u>

Build your own sub	£7.30
Breads	
Baguette kcal 380	
Panini kcal 301	
Ham & cheddar cheese croissant	£6.00
Cheddar cheese croissant	£6.00

Fillings

85
Tuna Mayo kcal 110
Roast Ham kcal 135
Free Range Egg Mayo kcal 132
Cheddar Cheese kcal 216
Plant Based Cheddar Cheese kcal 91 pp
Extra Toppings

Salads

Tomato kcal 17, Cucumber kcal 10, Lettuce kcal 17

Red Onion kcal 4

Sauces

Ketchup, BBQ, Mayo

Extra side £3.50

PP is our symbol for Purely Plants, our plant-based brand. All dishes with PP contain no ingredients derived from animals. GF stands for Gluten free.